

GASTROSCOPY

PREPARATION & INSTRUCTIONS

Date of Procedure: _____

Arrival Time: _____

Procedure Time: _____

Location:

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Oakville Trafalgar Memorial Hospital
3001 Hospital Gate, Oakville, ON
L6M 0L8

Ambulatory Procedures Unit
(Take Center Elevators to Level 2, then
proceed to G Area)

Bring your Ontario Health Card.

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G.I. Health Centre
1960 Appleby Line, Suite 32
Burlington, Ontario
L7L 0B7

Corner of Appleby & Upper Middle
Rd.

Bring your Ontario Health Card.

Cancellation

If you fail to show up for your procedure, reschedule or cancel within 1 week (7 days) of your confirmed procedure date you will be charged a cancellation fee of \$250.00

Sedation

You will be sedated for this procedure. You will need to make arrangements for someone to accompany you. You are not allowed to drive home or to take a taxi unaccompanied.

If you have not made arrangements to be accompanied home, your procedure will be cancelled and you will have to reschedule it for another day. There are no exceptions.

Medication

Continue taking all of your prescribed medications, including Aspirin.

If you take any of the following non-ASA blood thinners Coumadin/warfarin, Eliquis/apixaban, Pradaxa/dabigatran, Xarelto/rivaroxaban, Plavix/clopidogrel, Brilinta/ticagrelor, Aggrenox/dipyridamole, Ticlid/ticlopedine, Effient/prasugrel **please notify your surgeon and they will provide instructions.**

Preparation

If your procedure is scheduled:

BEFORE 12:45pm:

Nothing to eat or drink after midnight.

AFTER 1:00pm:

You may have a light fat free breakfast before 6:00 am. Then nothing to eat or drink afterwards.

AFTER the procedure:

Do not eat or drink anything for **1 hour** after the procedure. After this time you can resume a normal diet and activity.

You will receive post-gastroscopy instructions after your procedure is completed including preliminary findings, as well as instructions on when to schedule your follow up appointment.